

**FOLLOW UP NASAL/CHEST**

PATIENT NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

OFFICE: ST. JOHNS BLUFF      ORANGE PARK      MANDARIN

DATE OF BIRTH: \_\_\_\_\_ AGE: \_\_\_\_\_

**OFFICE STAFF TO COMPLETE**

Date of last office visit \_\_\_\_\_

Shot Patient? Y N

Is shot card attached Y N

Today's date on shot card Y N

Expiration Date of antigen \_\_\_\_\_

**SHOT PATIENTS TO COMPLETE**

Interval between shots? \_\_\_\_\_

Can you tell if you miss a shot? Y N

What percentage are shots helping you? 10% 20% 30% 40% 50% 60% 70% 80% 90% Other \_\_\_\_\_

Have you had any reaction to shots? N Y if yes what happened? \_\_\_\_\_

How long did it last? \_\_\_\_\_

Did you tell the nurse? Y N

Was the reaction noted on your shot card? Y N

Do you wait 30 minutes after shots? Y N

**\*\*staff to complete template in EMR\*\***

**XOLAIR PATIENTS TO COMPLETE**

Interval between shots? \_\_\_\_\_

Can you tell if you miss a shot? Y N

What percentage are shots helping you? 10% 20% 30% 40% 50% 60% 70% 80% 90% Other \_\_\_\_\_

Have you had any reaction to shots? N Y if yes what happened? \_\_\_\_\_

How long did it last? \_\_\_\_\_

Did you tell the nurse? Y N

Was the reaction noted on your shot card? Y N

Do you wait 30 minutes after shots? Y N

**\*\*staff to complete template in EMR\*\***

**ALL PATIENTS TO COMPLETE**

Please indicate reason for your visit today.

\_\_\_\_ Well check up

\_\_\_\_ Trouble: **Please circle all that apply**

Asthma Cough Allergy Fever URI Earache/Earplug Sore Throat

Have you had an elevation in your temperature in the past 24 hours? N Y

If yes - what was it? \_\_\_\_\_ When did it begin? \_\_\_\_\_ Did you take anything for it? If yes - what? \_\_\_\_\_ When was the last dose? \_\_\_\_\_

Details regarding reason for visit: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**HEAD PROBLEMS: Y N**

Sinus Headache? Y N How often? \_\_\_\_\_

Where are they located? **Please circle**

Forehead Temples Cheeks Back of Head Forehead/Cheeks Behind Rt/Lt eye

Migraine Headache? Y N Where is it? \_\_\_\_\_ How often? \_\_\_\_\_

Other Headache? Y N Where is it? \_\_\_\_\_ How often? \_\_\_\_\_

What makes headache:

Sinus Headache? BETTER \_\_\_\_\_ WORSE \_\_\_\_\_

Migraine Headache? BETTER \_\_\_\_\_ WORSE \_\_\_\_\_

Other? BETTER \_\_\_\_\_ WORSE \_\_\_\_\_

**NOSE OR SINUS PROBLEMS: Y N Please circle all that apply**

Headache Runny Nose Discolored Mucus Itchy Nose Sneezing Stuffiness

Drainage (post nasal drip) Color of Drainage \_\_\_\_\_

How often? \_\_\_\_\_

What makes sinus problems: BETTER \_\_\_\_\_ WORSE \_\_\_\_\_

**EYE PROBLEMS: Y N Please circle all that apply**

Burn Tear Itch Other

Do you currently use any eye drops? If yes please indicate \_\_\_\_\_

**CHEST PROBLEMS: Y N Please circle all that apply**

Wheezing Shortness of Breath Tightness Dry cough Productive cough

PHLEGM how much? (Over a 24 hr period) \_\_\_\_\_ tsp \_\_\_\_\_ tbsp \_\_\_\_\_ cup Color \_\_\_\_\_

Phlegm drainage from: Nose Chest Don't know.

Are you having any ASTHMA symptoms at night? N Y if yes how many nights this past week? \_\_\_\_\_

What makes ASTHMA/CHEST COUGH BETTER? \_\_\_\_\_

What makes ASTHMA/CHEST COUGH WORSE? \_\_\_\_\_

Do you feel secure in your ability to control your asthma attacks? (or child's) Y N

Do you own a working Peak Flow Meter? Y N Average Peak Flow? \_\_\_\_\_

Date and Time of last Peak Flow \_\_\_\_\_ Date \_\_\_\_\_ Time \_\_\_\_\_

Can you tell if you miss your Allergy or Asthma medication(s)? N Y

Which One(s)? \_\_\_\_\_

**HOME ENVIRONMENT**

Have you moved since your last office visit? N Y

If yes, how old is house, apt? \_\_\_\_\_

Is the new location better for your allergies? N Y

Any new changes at home? \_\_\_\_\_

\*Do you have any carpet in your house? If yes, please indicate where:

\_\_\_\_\_

\*Have your encased your mattress or pillow? Y N

Do you have any pets? N Y If yes, please indicate:

how many \_\_\_\_\_ type \_\_\_\_\_ indoor \_\_\_\_\_ outdoor \_\_\_\_\_

Are you exposed to: **(please circle)** Feather Comforters Wool Blankets Feather Pillows

Do you have any special concerns about your house? N Y If so what: (example – dusty, moldy, etc)

\*Type of furniture in home: Vinyl Leather Cloth **(please circle)**

\*Do you wash in hot water? (Building Code is usually up to 120 degrees F may be scolding but to kill dust mites it has to be 130-140 degrees F) YES NO **(please circle)**

Have you used Acarosan to kill mites? YES NO **(please circle)**

### **WORK ENVIRONMENT**

Have you changed your occupation? Yes \_\_\_\_\_ No

Any new changes in your work environment? Yes \_\_\_\_\_ No

### **PAST HISTORY**

Have you been in the hospital/ER since your last office visit? N Y

If yes please indicate – when, where and for what \_\_\_\_\_

Any changes in the following: **Please circle**

New Drug Allergy New Food Allergy New Insect Allergy New Latex Allergy

If yes, please provide details: \_\_\_\_\_

Do you currently smoke? Y N Did you ever smoke? Y N. If yes, how long ago did you quit?

\_\_\_\_\_

Are you around someone who smokes? N Y If yes, what percentage of time are you around them \_\_\_\_\_%.

What antibiotic can you take for sinusitis or bronchitis if you are sick? \_\_\_\_\_

### **FAMILY HISTORY:**

Anyone sick at home? N Y

Who \_\_\_\_\_ With what \_\_\_\_\_ When \_\_\_\_\_

Anyone passed away recently since you were last seen? Y N

### **SOCIAL HISTORY:**

Do you work? N Y If yes where are you working: \_\_\_\_\_

What is your occupation? \_\_\_\_\_

Have you retired? N Y

Do you have any new hobbies? \_\_\_\_\_

**REVIEW OF SYSTEMS:** Please circle and then write full details below

- |                    |                       |                       |
|--------------------|-----------------------|-----------------------|
| Epilepsy           | Chest Pain            | Nausea                |
| Headaches          | Heart Problems        | Vomiting              |
| Migraines          | Stomach/Bowel Problem | Diarrhea/Constipation |
| Double Vision      | Black or tarry stool  |                       |
| Blindness          | Urine Problems        |                       |
| Trouble Hearing    | Joint Problems        |                       |
| Earache            | Skin Rash             |                       |
| Trouble Swallowing | Thyroid Problem       |                       |
| Dental Problems    | Sore Throat           |                       |

Urination Good    Y   N  
Fluid Intake Good    Y   N  
Appetite Good    Y   N  
Are you dieting?    Y   N      Weight Up \_\_\_\_\_ Weight Down \_\_\_\_\_

Date of Last Mammogram \_\_\_\_\_ Results \_\_\_\_\_  
Date of last labs \_\_\_\_\_ Results \_\_\_\_\_  
Date of last physical \_\_\_\_\_ Results \_\_\_\_\_  
Last Bone Density Finding \_\_\_\_\_ Results \_\_\_\_\_  
Last Eye Exam Date \_\_\_\_\_ Results \_\_\_\_\_  
Date of last Vitamin D workup \_\_\_\_\_ Results \_\_\_\_\_

Do you have any other new medical Problems or conditions?    Y   N

Details \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_.