

FOLLOW UP NASAL/CHEST

PATIENT NAME: _____

DATE: _____

OFFICE: ST. JOHNS BLUFF ORANGE PARK MANDARIN

DATE OF BIRTH: _____ AGE: _____

OFFICE STAFF TO COMPLETE

Date of last office visit _____

Shot Patient? Y N

Is shot card attached Y N

Today's date on shot card Y N

Expiration Date of antigen _____

SHOT PATIENTS TO COMPLETE

Interval between shots? _____

Can you tell if you miss a shot? Y N

What percentage are shots helping you? 10% 20% 30% 40% 50% 60% 70% 80% 90% Other _____

Have you had any reaction to shots? N Y if yes what happened? _____

How long did it last? _____

Did you tell the nurse? Y N

Was the reaction noted on your shot card? Y N

Do you wait 30 minutes after shots? Y N

****staff to complete template in EMR****

XOLAIR PATIENTS TO COMPLETE

Interval between shots? _____

Can you tell if you miss a shot? Y N

What percentage are shots helping you? 10% 20% 30% 40% 50% 60% 70% 80% 90% Other _____

Have you had any reaction to shots? N Y if yes what happened? _____

How long did it last? _____

Did you tell the nurse? Y N

Was the reaction noted on your shot card? Y N

Do you wait 30 minutes after shots? Y N

****staff to complete template in EMR****

ALL PATIENTS TO COMPLETE

Please indicate reason for your visit today.

____ Well check up

____ Trouble: **Please circle all that apply**

Asthma Cough Allergy Fever URI Earache/Earplug Sore Throat

Have you had an elevation in your temperature in the past 24 hours? N Y

If yes - what was it? _____ When did it begin? _____ Did you take anything for it? If yes -
what? _____ When was the last dose? _____

Details regarding reason for visit: _____

HEAD PROBLEMS: Y N

Sinus Headache? Y N How often? _____

Where are they located? **Please circle**

Forehead Temples Cheeks Back of Head Forehead/Cheeks Behind Rt/Lt eye

Migraine Headache? Y N Where is it? _____ How often? _____

Other Headache? Y N Where is it? _____ How often? _____

What makes headache:

Sinus Headache? BETTER _____ WORSE _____

Migraine Headache? BETTER _____ WORSE _____

Other? BETTER _____ WORSE _____

NOSE OR SINUS PROBLEMS: Y N Please circle all that apply

Headache Runny Nose Discolored Mucus Itchy Nose Sneezing Stuffiness

Drainage (post nasal drip) Color of Drainage _____

How often? _____

What makes sinus problems: BETTER _____ WORSE _____

EYE PROBLEMS: Y N Please circle all that apply

Burn Tear Itch Other

Do you currently use any eye drops? If yes please indicate _____

CHEST PROBLEMS: Y N Please circle all that apply

Wheezing Shortness of Breath Tightness Dry cough Productive cough

PHLEGM how much? (Over a 24 hr period) _____tsp _____tbsp _____cup Color _____

Phlegm drainage from: Nose Chest Don't know.

Are you having any ASTHMA symptoms at night? N Y if yes how many nights this past week? _____

What makes ASTHMA/CHEST COUGH BETTER? _____

What makes ASTHMA/CHEST COUGH WORSE? _____

Do you feel secure in your ability to control your asthma attacks? (or child's) Y N

Do you own a working Peak Flow Meter? Y N Average Peak Flow? _____

Date and Time of last Peak Flow _____Date _____Time _____

Can you tell if you miss your Allergy or Asthma medication(s)? N Y

Which One(s)? _____

HOME ENVIRONMENT

Have you moved since your last office visit? N Y

If yes, how old is house, apt? _____

Is the new location better for your allergies? N Y

Any new changes at home? _____

*Do you have any carpet in your house? If yes, please indicate where:

*Have you encased your mattress or pillow? Y N

Do you have any pets? N Y If yes, please indicate:

how many _____ type _____ indoor _____ outdoor _____

Are you exposed to: **(please circle)** Feather Comforters Wool Blankets Feather Pillows

Do you have any special concerns about your house? N Y If so what: (example – dusty, moldy, etc)

*Type of furniture in home: Vinyl Leather Cloth **(please circle)**

*Do you wash in hot water? (Building Code is usually up to 120 degrees F may be scolding but to kill dust mites it has to be 130-140 degrees F) YES NO **(please circle)**

Have you used Acarosan to kill mites? YES NO **(please circle)**

WORK ENVIRONMENT

Have you changed your occupation? Yes _____ No

Any new changes in your work environment? Yes _____ No

PAST HISTORY

Have you been in the hospital/ER since your last office visit? N Y

If yes please indicate – when, where and for what _____

Any changes in the following: **Please circle**

New Drug Allergy New Food Allergy New Insect Allergy New Latex Allergy

If yes, please provide details: _____

Do you currently smoke? Y N Did you ever smoke? Y N. If yes, how long ago did you quit?

Are you around someone who smokes? N Y If yes, what percentage of time are you around them _____%.

What antibiotic can you take for sinusitis or bronchitis if you are sick? _____

FAMILY HISTORY:

Anyone sick at home? N Y

Who _____ With what _____ When _____

Anyone passed away recently since you were last seen? Y N

SOCIAL HISTORY:

Do you work? N Y If yes where are you working: _____

What is your occupation? _____

Have you retired? N Y

Do you have any new hobbies? _____

REVIEW OF SYSTEMS: Please circle and then write full details below

| | | |
|--------------------|-----------------------|-----------------------|
| Epilepsy | Chest Pain | Nausea |
| Headaches | Heart Problems | Vomiting |
| Migraines | Stomach/Bowel Problem | Diarrhea/Constipation |
| Double Vision | Black or tarry stool | |
| Blindness | Urine Problems | |
| Trouble Hearing | Joint Problems | |
| Earache | Skin Rash | |
| Trouble Swallowing | Thyroid Problem | |
| Dental Problems | Sore Throat | |

Urination Good Y N
Fluid Intake Good Y N
Appetite Good Y N
Are you dieting? Y N Weight Up_____ Weight Down_____

| | |
|-------------------------------------|---------------|
| Date of Last Mammogram _____ | Results _____ |
| Date of last labs _____ | Results _____ |
| Date of last physical _____ | Results _____ |
| Last Bone Density Finding _____ | Results _____ |
| Last Eye Exam Date _____ | Results _____ |
| Date of last Vitamin D workup _____ | Results _____ |

Do you have any other new medical Problems or conditions? Y N

Details _____

_____.